

ABOUT THE RACE

The New Balance 5th Avenue Mile is one of 60 adult and youth races produced annually by New York Road Runners, the nonprofit that "runs" New York City. As one of the most accessible race distances, the New Balance 5th Avenue Mile has become the world's most iconic road race, with athletes running down 20 blocks of Manhattan's Fifth Avenue, which is home to world-class museums and cultural institutions. Hosted since 1981, the event will feature more than 9,000 adult and youth runners in 30 heats, including age-group and specialty heats, like the Broadway Mile.

TOP STORYLINES

- One of the sport's most accessible distances, the mile has grown in popularity and has been a focal point of the 2026 racing season, with world records and thrilling performances across the globe. The New Balance 5th Avenue Mile is New York Road Runners' shortest race, offering an accessible entry point for first-time runners and an opportunity for experienced runners to clock a personal best.
- This year, New York Road Runners will once again team up with Broadway Cares/Equity Fights Aids to host the second annual **Broadway Mile**, an exclusive heat for Broadway performers and theater professionals. Tony Award winners **Nikki James** and **Ali Louis Bourzgui**, and other stars **Jordan Fisher, Sean Grandillo**, and **Carrie St. Louis** are participating, representing shows including **"The Book of Mormon," "Wicked," "The Lost Boys"** and **Schmigadoon!,** which recently won the 2026 Tony Award for Best New Musical. At the inaugural Broadway Mile in 2025 athletes raised more than $15,000 for Broadway Cares/Equity Fights AIDS. This year will also mark the first-ever Virtual Broadway Mile, giving theater professionals across the country and globe an opportunity to participate beyond Fifth Avenue.
- Among the more than 9,000 athletes competing in the New Balance 5th Avenue Mile will be a strong professional field featuring 13 Olympians and 17 international medalists. **Courtney Frerichs, Jemma Reekie, Elise Cranny, Kayley DeLay,** and **Susan Ejore** headline the women's field, while **Drew Hunter, Olli Hoare, Simon Koech, Leonard Bett, Stefan Nillessen, Cooper Teare, Adam Spencer,** and **Sam Prakel** will battle in the men's field.
- Additional specialty heats include the **Back to School Mile** for kids ages 2 to 18, the **George Sheehan Memorial Mile** for older adults, the **NYRR Road Mile Championship** races, an **NYPD and FDNY** heat for service members, and the **Media Mile** for journalists.
- The New Balance 5th Avenue Mile will also serve as a milestone for more than two dozen participants in the NYRR Open Run New Runner Clinic, many of whom will be completing their first-ever mile race. Since 2015 NYRR Open Run has offered free runs and walks at neighborhood parks across the five boroughs and Jersey City, and in 2025, the program launched a New Runner Clinic designed to help people of all ages and abilities start their running journey with coach-led sessions.

MEDIA INFORMATION

Media looking to cover the event on-site can apply for a media credential here. Athletes will be available for post-race interviews at the Mixed Zone just past the finish line.

HOW TO WATCH

The 2026 New Balance 5th Avenue Mile will be televised live on WABC-TV, Channel 7 in the New York tri-state area from noon-1p.m. ET, and available to stream nationwide on ESPN+. iHeartRadio will provide live race-day radio broadcast on 710 WOR AM in New York, and the iHeartRadio app from noon-1p.m. ET. Once again, this year, a live camera feed of the finish line will be available to stream on the official New York Road Runners app.

NEW YORK ROAD RUNNERS

NEW BALANCE 5TH AVENUE MILE 2026

SCHEDULE OF EVENTS

HEAT	TIME
WHEELCHAIRS AND HANDCYCLES	9:50 a.m.
OPEN CATEGORIES	
Age Group 50-59	7:25 a.m.
Age Group 40-49	7:35 a.m.
Age Group 40-49	7:45 a.m.
Age Group 35-39	7:55 a.m.
Age Group 35-39	8:05 a.m.
Age Group 30-34	8:15 a.m.
Age Group 30-34	8:30 a.m.
Age Group 25-29	8:45 a.m.
Age Group 25-29	9:00 a.m.
Age Group 19-24	9:15 a.m.
MEDIA MILE	9:25 a.m.
BROADWAY MILE	9:35 a.m.
UNLOCK 26.2 x NEW BALANCE	9:45 a.m.
BACK TO SCHOOL MILE (RISING NEW YORK ROAD RUNNERS)	
Youth Wheelchair	9:50 a.m.
Stage 3 (A-D)	10:00 a.m.
Stage 2 (E & F)	10:10 a.m.
Stage 2 (G)	10:15 a.m.
Stage 2 (H)	10:20 a.m.
GEORGE SHEEHAN MEMORIAL MILE	
Age Group 60-69	11:15 a.m.
Age Group 70+	11:30 a.m.
BACK TO SCHOOL MILE (RISING NEW YORK ROAD RUNNERS)	
Stage 1 (Age Group 2)	10:30 a.m.
Stage 1 (Age Group 3-4)	10:40 a.m.
Stage 1 (Age Group 5-6)	10:50 a.m.
Stage 1 (Age Group 7-8)	11:00 a.m.
Stage 1 (Age Group 9-11)	11:10 a.m.
NYPD AND FDNY MILE	11:45 a.m.
NYRR ROAD MILE CHAMPIONSHIPS	
Women's Road Mile	12:00 p.m.
Men's Road Mile	12:15 p.m.
PROFESSIONAL ATHLETES	
Professional Women	12:30 p.m.
Professional Men	12:45 p.m.

PROFESSIONAL ENTRANT LIST—MEN

ATHLETE	COUNTRY	MILE PERSONAL BEST	1,500M PERSONAL BEST
Ben Allen	USA	**3:52.08**	3:33.97
Jack Anstey	AUS	3:51.51i	**3:33.36**
Leonard Bett	KEN	N/A	3:43.79
Davis Bove	USA	**3:51.08i**	**3:33.49**
Jake Heyward	GBR	**3:46:73**	3:31:08
Eric Holt	USA	3:51.46	3:32.95
Olli Hoare	AUS	3:47.28	3:29.41
Luke Houser	USA	3:51.14	**3:33.93**
Drew Hunter	USA	**3:51.72**	3:33.41
Dylan Jacobs	USA	3:56.10	**3:36.10**
Brannon Kidder	USA	3:53.09i	3:33.47
Simon Koech	KEN	N/A	N/A
Marco Langon	USA	3:54.59	**3:32.69**
Titouan Le Grix	FRA	**3:51.90**	**3:31.46**
Foster Malleck	CAN	**3:51.39i NR**	**3:33.39i NR**
Gary Martin	USA	**3:48.76**	3:32.03
Romain Mornet	FRA	3:54.68i	3:31.62
Stefan Nillessen	NED	3:49.02	3:29.23
Sam Prakel	USA	**3.49.63**	**3:32.76**
John Reniewicki	USA	3:51.72i	3:33.58
Aidan Ryan	USA	**3:53.62i**	**3:35.63i**
Keita Sato	JPN	N/A	3:37.18 NJR
Pieter Sisk	BEL	**3:50:31i**	3:31.85
Adam Spencer	AUS	3:49.21	3:31.81
Flavien Szot	FRA	3:52.67i	3:30.74
Cooper Teare	USA	3:50.17i	3:32.16
Abel Teffra	USA	**3:51.13**	3:33.84

i= indoors; WR = World Record; NR = National Record; Bold = Olympian; Bold PB = run in 2026

PROFESSIONAL ENTRANT LIST—WOMEN

ATHLETE	COUNTRY	MILE PERSONAL BEST	1,500M PERSONAL BEST
Josette Andrews	USA	4:20.81i	3:59.72
Margot Appleton	USA	**4:22.94i**	4:04.72
Ellie Baker	GBR	4:25r	4:03.95
Lindsey Butler	USA	**4:24:18**	**4:02:29**
Sarah Calvert	GBR	4:27.30	**4:02.25**
Bérénice Cleyet-Merle	FRA	4:26.06	**4:03.58**
Melissa Courtney-Bryant	GBR	4:16.38	**3:58.01**
Elise Cranny	USA	4:16.47	3:57.87
Kayley DeLay	USA	**4:23.77**	**4:04.64**
Susan Ejore-Sanders	KEN	4:20.61i	3:56.07
Courtney Frerichs	USA	4:34.75	4:07.39
Jessica Kain	USA	4:47.55i	**4:06.21**
Heather MacLean	USA	4:17.01i	**3:57.79**
Rachel McArthur	USA	4:23.98	**4:02.90**
Kimberley May	NZL	4:27.36	4:04.40
Taryn Parks	USA	**4:23.10i**	**4:05.14**
Laura Pellicoro	ITA	4:25.60	**4:04.55**
Simone Plourde	CAN	4:22.47i	4:02.91
Jemma Reekie	GBR	4:17.88i NR	**3:58.65**
Annika Reiss	USA	**4:24.21**	**4:03.54**
Emily Richards	USA	4:33.41	4:10.56
Teagan Schein-Becker	USA	4:30.29i	4:04.91
Adelle Tracey	JAM	4:30.17i NR	3:58.77 NR

i = indoors; WR = World Record; NR = National Record; Bold = Olympian; Bold PB = run in 2026

BROADWAY MILE ENTRANT LIST

ATHLETE	BROADWAY TEAM	ROLE
Issac Grivett	& Juliet	Wardrobe
Sarah Kresloff	& Juliet	Dresser
Sammy Landau	Broadway	Stage Manager
Kaliswa Brewster	Broadway	Actor/Producer
Brian Russell Carey	Broadway	Actor/Musician
Audrey Frischman	Broadway	Producer
Ryan Hales	Broadway	Automation Carpenter
Mia Mooney	Broadway	Wardrobe
Priscilla Mullins	Broadway	Dresser
Dara Woo	Broadway	Actor
Ashley Wool	Broadway	Actor
Julia Cassandra	Broadway	Actor
Elizabeth Markson	Broadway	Actor
Gizel Jimenez	Broadway	Actor
Kelsey Martinez	Broadway	Intern
Rebecca Prowler	Broadway	Marketing
Lori Feren	Broadway	Broadway Cares/Equity Fights AIDS Staff
Gabrielle Elisabeth	Galileo	Actor
Jeremy Kushnier	Galileo	Actor
Isaac Reynolds	Harry Potter and the Cursed Child	Actor
Caleb Hafen	Harry Potter and the Cursed Child	Actor
Alexandra Peter	Harry Potter and the Cursed Child	Actor
Dani Goldberg	Harry Potter and the Cursed Child	Actor
Bradley Patchett	Harry Potter and the Cursed Child	Actor
Riley Young	Harry Potter and the Cursed Child	Actor
Allie Re	Harry Potter and the Cursed Child	Actor
Daniel Dipinto	Heathers	Actor
Carrie St. Louis	Just In Time	Actor
Valeria Yamin	Just In Time	Actor
Julia Grondin	Just In Time	Actor
Brian Gustaveson	Just In Time	Stage Hand
Brianna Messina	Maybe Happy Ending	Electrician
AraBella Fischer	Maybe Happy Ending	Wardrobe Supervisor
Dez Duron	Maybe Happy Ending	Actor
Alex Rocca	Maybe Happy Ending	Stagehand Video
Karlie Teruya	Maybe Happy Ending	Stage Manager
Lilian McGrail	Oh, Mary	Assistant Stage Manager
Nora Fisher	Operation Mincemeat	Dresser
Lauren SanGiovanni	Operation Mincemeat	Stagehand
Clara Johnson	Operation Mincemeat	Dresser
Jessica Vaughan	Operation Mincemeat	Dresser
Adam Gustas	Schmigadoon!	Assistant Wardrobe Supervisor

Kaitlin Turek	Schmigadoon!	Stitcher
Ryan McAlpine	Schmigadoon!	Carpenter
Kathleen Smith	Second Stage Theater	Admin
Jen Ash	Six	Stage Manager
Mia Wilson	Spelling Bee	Deck Carpenter/Props
Rachel Zucker	Spelling Bee	Stage Manager
Tony Moreno	The Book of Mormon	Actor
Alex Reyes	The Book of Mormon	Associate General Manager
Andrew Nelin	The Book of Mormon	Actor
C.K. Edwards	The Book of Mormon	Actor
Jessica Mcginty	The Book of Mormon	Hairdresser
Jacob White	The Book of Mormon	Technician
Sydney Quildon	The Book of Mormon	Actor
Gideon Temple	The Book of Mormon	Actor
Jay Wilkison	The Book of Mormon	Actor
Sara Bradley	The Book of Mormon	Stage Manager
Kevin Crawford	The Book of Mormon	Stagehands
Asher Denburg	The Book of Mormon	Composer, Music Director, Musician, Orchestrator
Thomas Doelger	The Book of Mormon	Actor
Jena Goldberg	The Great Gatsby	Dresser
Sara Decker	The Great Gatsby	Dresser
Preston Taylor	The Great Gatsby	Actor
Alex Prakken	The Great Gatsby	Actor
Kurt Csolak	The Great Gatsby	Actor
Dan Rosales	The Great Gatsby	Actor
Jordan Fisher	The Little Shop of Horrors	Actor
Ellie Fisher	The Little Shop of Horrors	Family of Actor
Savannah Lee Birdsong	The Little Shop of Horrors	Actor
Nikki James	The Little Shop of Horrors	Actor
Ethan Popp	The Lost Boys	Music Supervisor/Arranger/Orchestrator
Josephine Bearden	The Lost Boys	Music Copyist
Stephen Nolan	The Lost Boys	Physical Therapist
Hank Santos	The Lost Boys	Actor
Jennifer Duka	The Lost Boys	Actor
Dominic Dorset	The Lost Boys	Actor
Brian Flores	The Lost Boys	Actor
Dean Maupin	The Lost Boys	Actor
Colin Trudell	The Lost Boys	Actor
Sean Grandillo	The Lost Boys	Actor
Pierce Wheeler	The Lost Boys	Actor
Jacob Fjeldheim	The Lost Boys	Music Copyist
Samuel Hoad	The Lost Boys	Music Department
Ali Bourzgui	The Lost Boys	Actor
Harrison Roth	The Lost Boys	Electronic Music Designer
Kris Carpenter	The Play That Goes Wrong	Deck Props
Haley Dunlavey	The Public Theater	Props
Alexa Smith	The Public Theater	Associate Artistic Director
Samuel Arencibia	The Public Theater	Operations
Ellie Vaillant	The Public Theater	Admin - Development Operations
Naomi Jabouin	The Public Theater	Development

Tammy Shell	The Public Theater	Art Director
Elisa Penello	The Public Theater	Associate Art Director
Shelly Vance	The Public Theater	Venue Operations
Sierra Gamble	The Public Theater	Marketing
Molly Koch	The Public Theater	Major Gifts Coordinator
Jody Bell	The Public Theater	Partnerships
Michael Thurber	The Public Theater	Composer In Residence
Keri René Fuller	Wicked	Actor
Stephen Lieboff	Wicked	Dresser
Jason Regner	Wicked	Dresser
Joshua Maszle	Wicked	Sound
Mary Kay Yezerski	Wicked	Hair Supervisor

COURSE

The New Balance 5th Avenue Mile course follows Fifth Avenue from East 80th Street to Grand Army Plaza near East 60th Street. The race starts on a slight downhill followed by a slight uphill. The second half features a gentle downhill and a flat stretch to the finish for the final five blocks.



Halfway Leader Bonus: $1,000 will be awarded to the halfway leader in the Professional Athlete heats. To collect this bonus, the halfway leader must finish the race in under 4:00 (men) or 4:32 (women). If they do not, the bonus will be awarded to the next-fastest runner at halfway who does break the above standards

RECORDS

5TH AVENUE MILE EVENT RECORDS

MEN	3:44.3	Josh Kerr	Great Britain	2024
WOMEN	4:14.8	Karissa Schweizer	United States	2024
	4:14.8	Laura Muir	Great Britain	2022

WORLD RECORDS (TRACK)

MEN	3:42:66	Josh Kerr	Great Britain	2026
WOMEN	4:07.64	Faith Kipyegon	Kenya	2023

AMERICAN RECORDS (TRACK)

MEN	3:43.97	Yared Nuguse	2023
WOMEN	4:16.35	Nikki Hiltz	2023

WORLD RECORDS (ROAD)

MEN	3:51.3	Elliot Giles	GBR	2024
WOMEN	4:20.98	Diribe Welteji	Ethiopia	2023

AMERICAN RECORDS (ROAD)

MEN	3:51.9	Yared Nuguse	2024
WOMEN	4:21:66	Sinclaire Johnson	2025

NYRR ROAD MILE CHAMPIONSHIPS: MEN AND WOMEN

Determined by Gun Time

1st	$400
2nd	$300
3rd	$200
4th	$100

To be eligible for prize money in the NYRR Road Mile Championships, an athlete must have had a valid paid NYRR membership since at least June 13, 2026, through at least the date of the race.

PRIZE PURSE

The 2026 New Balance 5th Avenue Mile offers $32,000 in prize money to open runners and New York Road Runners members.

PROFESSIONAL ATHLETE RACES: MEN AND WOMEN

Determined by Gun Time

1st	$5,000
2nd	$3,500
3rd	$2,500
4th	$1,500
5th	$1,000
6th	$750
7th	$500
8th	$250

NOTABLE DATES IN EVENT HISTORY

September 26, 1981: The 5th Avenue Mile was inaugurated with a star-studded men's field, featuring Sydney Maree, Steve Scott, John Walker, Steve Cram, Ray Flynn, Mike Boit, Eamonn Coghlan, Tom Byers, and Thomas Wessinghage. Maree of South Africa broke the tape a full two seconds ahead of runner-up Boit of Kenya. Maree's time, 3:47.52, endured as the 5th Avenue Mile event record for 41 years.

September 22, 1990: Former world No. 1 3,000-meter runner Patti Sue Plumer of the United States sat back in fifth place before making a big move and running away to victory in 4:16.68, a course record that stood until 2022. On the men's side, Great Britain's Peter Elliott became 5th Avenue's first three-time champion and threatened the course record with his 3:47.83.

September 24, 2011: American Bernard Lagat finally won the race in his third try—at age 36—with classic sit-and-kick tactics, putting more than a full second on his competitors in the final 100 meters. American Jenny Simpson followed her gold-medal performance in the 2011 World Athletics Championships 1,500 meters by running away from Sally Kipyego of Kenya and Great Britain's Hannah England, who had taken the Worlds silver medal behind Simpson.

September 3, 2016: Jenny Simpson earned her fifth victory on Fifth Avenue to become the outright record-holder for the most wins in event history. She battled Laura Muir of Great Britain down the stretch to win in 4:18.3, her fastest time on the course to date. In the men's race, Eric Jenkins of the United States slipped past Matthew Centrowitz, the Rio 2016 Olympic 1,500-meter gold medalist, in the final meters to break the tape in 3:49.4. Jenkins' time was also the fastest performance by an American in event history.

September 8, 2019: Jenny Simpson won her record-extending eighth title in an event record time of 4:16.1 and Nick Willis won his record-breaking fifth title in a photo-finish in 3:51.7. With 9,274 finishers, it marked the most finishers ever in the history of the event.

September 11, 2022: It was a British sweep as Jake Wightman and Laura Muir took home victories, with Muir breaking the event record in 4:14.8. Coming off his World Championships gold, Wightman won his second consecutive and third overall title. In honor of 9/11, a special Memorial 9/11 heat was held with participants from the Tunnel to Towers Foundation and Answer the Call Foundation, as well as the FDNY and NYPD

September 8, 2024: Olympic medalist Josh Kerr smashed the 43-year-old men's event record, set by Sydney Maree in 3:47.52, and claimed his second consecutive New Balance 5th Avenue Mile title, clocking 3:44.3. Karissa Schweizer, also an Olympian, conquered the women's race in 4:14.8, tying Laura Muir's event record from 2022.

September 7, 2025: Olympic bronze medalist Yared Nuguse won his New Balance 5th Avenue Mile debut in 3:47.7, becoming the first American man to win the race since 2016. Gracie Morris captured her first 5th Avenue Mile title in 4:15.5, marking the first American sweep of the professional races since 2016. The event also featured the first-ever Broadway Mile, with nearly 70 Broadway performers and theater professionals racing in support of Broadway Cares/Equity Fights AIDS.

FINISHER TOTALS, 2000–2025

YEAR	MEN	WOMEN	NONBINARY	TOTAL
2000	493	298		791
2001	683	461		1,144
2002	1,052	681		1,733
2003	947	636		1,583
2004	1,181	759		1,940
2005	1,539	924		2,463
2006	1,776	1,202		2,978
2007	1,952	1,268		3,220
2008	1,791	1,367		3,158
2009	2,141	1,613		3,754
2010	2,244	1,730		3,974
2011	2,666	2,122		4,788
2012	2,836	2,340		5,176
2013	2,854	2,311		5,165
2014	3,167	2,727		5,894
2015	3,450	2,880		6,330
2016	3,385	2,767		6,152
2017	4,062	3,656		7,718
2018	4,113	3,603		7,716
2019	4,804	4,473		9,277
2021	2,160	1,754	6	3,921
2022	4,481	4,001	32	8,514
2023	4,331	4,231	34	8,596
2024	4,494	4,274	42	8,810
2025	4,544	3,852	37	8,433

Mass participation race finisher totals are available only dating back to 2000.

Note: In 2021 NYRR added nonbinary as a gender choice for both kids and adults. Beginning with the Front Runners New York LGBT Pride Run® 6K on June 26, 2021, NYRR's results now display three gender categories (male, female, and nonbinary) for both in- person and virtual race results.

5TH AVENUE MILE CHAMPIONS, 1981–2025

MEN

YEAR	ATHLETE	COUNTRY	TIME
1981	Sydney Maree	RSA	3:47.52
1982	Tom Byers	USA	3:51.35
1983	Steve Scott	USA	3:49.77
1984	John Walker	NZL	3:53.62
1985	Frank O'Mara	IRL	3:52.28
1986	Jose-Luis Gonzalez	ESP	3:53.52
1987	Peter Elliott	GBR	3:53.52
1988	Steve Scott	USA	3:53.43
1989	Peter Elliott	GBR	3:52.95
1990	Peter Elliott	GBR	3:47.83
1991	Matthew Yates	GBR	3:56.75
1992	Itamar Da Silva	BRA	4:00.37
1993	Ron Harris	USA	3:58.0
1994	Jason Pyrah	USA	3:52.3
1995	Isaac Viciosa	ESP	3:47.8
1996	Isaac Viciosa	ESP	3:53.67
1997	Isaac Viciosa	ESP	3:53.66
1998	Isaac Viciosa	ESP	3:55.59
1999	Ben Kapsoiya	KEN	4:05.4
2000	Jason Lunn	USA	4:03.9
2001	John Itati	KEN	4:02.3
2002	Leonard Mucheru	KEN	3:55.2
2003	John Itati	KEN	3:56.0
2004	Elarbi Khattabi	MAR	4:10.0
2005	Craig Mottram	AUS	3:49.9
2006	Kevin Sullivan	CAN	3:54.1
2007	Alan Webb	USA	3:52.7
2008	Nick Willis	NZL	3:50.5
2009	Andy Baddeley	GBR	3:51.8
2010	Amine Laalou	MAR	3:52.8
2011	Bernard Lagat	USA	3:50.5
2012	Matthew Centrowitz	USA	3:52.4
2013	Nick Willis	NZL	3:52.1
2014	Jordan McNamara	USA	3:51.0
2015	Nick Willis	NZL	3:54.8
2016	Eric Jenkins	USA	3:49.4
2017	Nick Willis	NZL	3:51.3
2018	Jake Wightman	GBR	3:54.5
2019	Nick Willis	NZL	3:52
2021	Jake Wightman	GBR	3:49.5
2022	Jake Wightman	GBR	3:49.6
2023	Josh Kerr	GBR	3:47.9
2024	Josh Kerr	GBR	3:45.0
2025	Yared Nuguse	USA	3:47.7

WOMEN

YEAR	ATHLETE	COUNTRY	TIME
1981	Leann Warren	USA	4:25.31
1982	Debbie Scott	CAN	4:23.96
1983	Wendy Sly	GBR	4:22.66
1984	Maricica Puica	ROU	4:24.35
1985	Lynn Williams	CAN	4:25.03
1986	Maricica Puica	ROU	4:19.48
1987	Kirsty Wade	GBR	4:22.70
1988	Mary Slaney	USA	4:20.03
1989	Paula Ivan	ROU	4:28.25
1990	PattiSue Plumer	USA	4:16.68
1991	Alisa Hill	USA	4:31.57
1992	Alicia Kelly	USA	4:43.07
1993	Lauren Gubicza	USA	4:37.9
1994	Regina Jacobs	USA	4:27.8
1995	Sinead Delahunty	IRL	4:25.2
1996	Paula Radcliffe	GBR	4:26.69
1997	Paula Radcliffe	GBR	4:22.96
1998	Regina Jacobs	USA	4:20.8
1999	Alisa Harvey	USA	4:41.3
2000	Kim McGreevy	USA	4:38.9
2001	Kim McGreevy	USA	4:39.8
2002	Grace Njoki	KEN	4:37.7
2003	Theresa Du Toit	RSA	4:53.0
2004	Andrea Haver	USA	4:51.0
2005	Carmen Douma-Hussar	CAN	4:28.0
2006	Sara Hall	USA	4:28.0
2007	Carmen Douma-Hussar	CAN	4:22.8
2008	Lisa Dobriskey	GBR	4:18.6
2009	Shannon Rowbury	USA	4:23.3
2010	Shannon Rowbury	USA	4:24.1
2011	Jenny Simpson	USA	4:22.3
2012	Brenda Martinez	USA	4:24.2
2013	Jenny Simpson	USA	4:19.3
2014	Jenny Simpson	USA	4:19.4
2015	Jenny Simpson	USA	4:29.0
2016	Jenny Simpson	USA	4:18.3
2017	Jenny Simpson	USA	4:16.6
2018	Jenny Simpson	USA	4:18.8
2019	Jenny Simpson	USA	4:16.1
2021	Jemma Reekie	GBR	4:21.6
2022	Laura Muir	GBR	4:14.8
2023	Jemma Reekie	GBR	4:19.4
2024	Karissa Schweizer	USA	4:14.8
2025	Grace Morris	USA	4:15.5

MULTIPLE-TIME 5TH AVENUE MILE CHAMPIONS

MEN

ATHLETE	COUNTRY	WINS	YEARS
Nick Willis	NZL	5	2008, 2013, 2015, 2017, 2018
Isaac Viciosa	ESP	4	1995-1998
Jake Wightman	GBR	3	2018, 2021, 2022
Peter Elliott	GBR	3	1987, 1989–1990
Steve Scott	USA	2	1983, 1988
John Itati	KEN	2	2001, 2003
Josh Kerr	GBR	2	2023-2024

WOMEN

ATHLETE	COUNTRY	WINS	YEARS
Jenny Simpson	USA	8	2011, 2013–2019
Maricica Puica	ROU	2	1984, 1986
Paula Radcliffe	GBR	2	1996–1997
Regina Jacobs	USA	2	1994, 1998
Alisa [Hill] Harvey	USA	2	1991, 1999
Kim McGreevy	USA	2	2000–2001
Carmen Douma–Hussar	CAN	2	2005, 2007
Jemma Reekie	GBR	2	2021, 2023

TOP 10 FINISHERS, 2025 NEW BALANCE 5TH AVENUE MILE

MEN

RANK	ATHLETE	COUNTRY	TIME
1	Yared Nuguse	USA	3:47.7
2	Parker Wolfe	USA	3:48.1
3	Drew Hunter	USA	3:48.1
4	Nick Griggs	IRL	3:48.4
5	Festus Lagat	USA	3:48.4
6	Amon Kemboi	USA	3:49.1
7	Duncan Hamilton	USA	3:49.2
8	Cooper Teare	USA	3:49.3
9	Sam Prakel	USA	3:49.5
10	Hobbs Kessler	USA	3:49.6

WOMEN

RANK	ATHLETE	COUNTRY	TIME
1	Grace Morris	USA	4:15.5
2	Kayley Delay	USA	4:17.4
3	Karissa Schweizer	USA	4:17.6
4	Eleanor Fulton	USA	4:18.9
5	Laurie Barton	USA	4:20.6
6	Lindsey Butler	USA	4:20.9
7	Raevyn Rogers	USA	4:22.2
8	Dani Jones	USA	4:22.5
9	Rachel McArthur	USA	4:22.7
10	Ella Donaghu	USA	4:23.1

10 FASTEST 5TH AVENUE MILE PERFORMANCES, ALL-TIME

MEN

RANK	TIME	ATHLETE	COUNTRY	YEAR
1	3:44.3	Josh Kerr	GBR	2024
2	3:47.52	Sydney Maree	RSA	1981
3	3:47.7	Yared Nuguse	USA	2025
4	3:47.80	Isaac Viciosa	ESP	1995
5	3:47.83	Peter Elliott	GBR	1990
6	3:47.9	Josh Kerr	GBR	2023
7	3:48.1	Parker Wolfe	USA	2025
8	3:48.1	Drew Hunter	USA	2025
9	3:48.20	Stephen Kipkorir	KEN	1995
10	3:48.39	Steve Cram	GBR	1990

WOMEN

RANK	TIME	ATHLETE	COUNTRY	YEAR
1	4:14.8	Karissa Schweizer	USA	2024
1	4:14.8	Laura Muir	GBR	2022
3	4:15.5	Grace Morris	USA	2025
4	4:16.2	Elinor Purrier	USA	2019
5	4:16.68	PattiSue Plumer	USA	2019
6	4:16.6	Jenny Simpson	USA	2019
7	4:16.8	Jenny Simpson	USA	2017
9	4:17.3	Dorcus Ewoi	KEN	2024
10	4:17.4	Kayley Delay	USA	2025
10	4:17.4	Nikki Hiltz	USA	2022

10 FASTEST MILE PERFORMANCES, TRACK, 2026

MEN

RANK	TIME	ATHLETE	COUNTRY	DATE
1	3:42.66	Josh Kerr	GBR	July 18
2	3:45.69	Yared Nuguse	USA	July 18
3	3:45.94	Cole Hocker	USA	February 14
4	3:46.06	Cameron Myers	AUS	July 4
5	3:46.73	Jake Heyward	GBR	July 18
6	3:46.82	Robert Farken	GER	July 18
7	3:46.97	Ethan Strand	USA	July 4
8	3:47.38	Hobbs Kessler	USA	July 4
9	3:47.39	Timothy Cheruiyot	KEN	July 4
10	3:48.05	Nathan Green	USA	July 18

WOMEN

RANK	TIME	ATHLETE	COUNTRY	DATE
1	4:17.49	Nikki Hiltz	USA	July 4
2	4:17.62	Dorcus Ewoi	KEN	July 4
3	4:17.80	Faith Kipyegon	KEN	July 4
4	4:17.83	Elle St.Pierre	USA	February 14
5	4:17.90	Klaudia Kazimierska	POL	July 4
6	4:18.03	Jessica Hull	AUS	July 4
7	4:18.18	Emily Mackay	USA	July 4
8	4:18.49	Sarah Healy	IRL	July 4
9	4:18.52	Georgia Hunter Bell	GBR	July 4
10	4:20.61	Riley Chamberlain	USA	February 14