

SATURDAY, NOVEMBER 1, 2025
8:45 a.m. • 3.1 MILES
#ABBOTTDASH5K

KEY

-  [Start](#)
-  [Finish](#)
-  **Mile Markers**
-  **Course Route**
-  [Bag Check](#)
Bag check is only available in Central Park and not at the start.
-  **Water Stations**
-  **Toilets**
-  **Medical Aid**
-  **Volunteer Check-In**
-  **Bike Parking**

RACE-DAY CENTRAL

-  **Toilets**
-  **Volunteer Check-In**



ELEVATION CHART (NOT TO SCALE)

