



SCHEDULE

10:30 a.m.	Age 2	50 Feet
10:40 a.m.	Ages 3–4	150 Feet
10:50 a.m.	Ages 5–6	300 Feet
11:00 a.m.	Ages 7–8	450 Feet
11:10 a.m.	Ages 9–11	600 Feet

STAGE 1



NEW BALANCE 5TH AVENUE MILE

SEPTEMBER 13, 2026
#RisingNYRR

KEY

- Start**
- Finish**
- Course Route**
- Water Stations**
- Toilets**
- Family Reunion**
- Medical Aid**
- Volunteer Check-In**
- Bike Parking**

RACE-DAY CENTRAL

- Registration**
- Souvenir Pickup**
- Bag Check**

Please note that dashes for age groups within Stage 1 will start on a rolling schedule; refer to the estimated start times listed.