



SCHEDULE

9:50 a.m.	Youth Wheelchair		1 Mile
9:55 a.m.	Youth Wheelchair		400 Meters
10:00 a.m.	Stage 3 (Corrals A–D)	Ages 12–18	1 Mile
10:10 a.m.	Stage 2 (Corrals E & F)	Ages 12–18	1 Mile
10:15 a.m.	Stage 2 (Corral G)	Ages 10–11	1 Mile
10:20 a.m.	Stage 2 (Corral H)	Ages 8–9	1 Mile

Participants should report to the **CORRALS** 15 minutes before the start of their run. Staff will walk participants to the start line. On event day, number pickup will be available from 7:30 to 10:00 a.m. for Stage 3 and from 7:30 to 10:15 a.m. for Stage 2.

STAGES 2 & 3



NEW BALANCE 5TH AVENUE MILE

SEPTEMBER 13, 2026
#RisingNYRR

KEY

- [Start](#)
- [Finish](#)
- [Course Route](#)
- [Corrals](#)
- [Water Stations](#)
- [Toilets](#)
- [Family Reunion](#)
- [Medical Aid](#)
- [Volunteer Check-In](#)
- [Bike Parking](#)

RACE-DAY CENTRAL

- [Registration](#)
- [Souvenir Pickup](#)
- [Bag Check](#)