










STAGES 2 & 3






AT THE NYRR CROSS COUNTRY SERIES #3

NOVEMBER 16, 2025
VAN CORTLANDT PARK
#RisingNYRR

KEY

-  **Start**
Stage 2
-  **Start**
Stage 3
-  **Finish**
Stages 2 & 3
and Adults
-  **Stage 2 Course**
-  **Stage 3 Course**
-  **Toilets**
-  **Medical**
-  **Family Reunion**
-  **Buses**

RACE-DAY CENTRAL

-  **Registration**
-  **Baggage**
-  **Souvenir Pickup**



SCHEDULE

9:30 a.m.	All stages	Activities open
10:00 a.m.	Stage 3	2 miles
10:30 a.m.	Stage 2	1.5 miles
10:45 a.m.	All stages	Activities close