

SCHEDULE

9:45 a.m.	Age 2	50 feet
9:50 a.m.	Ages 3–4	150 feet
9:55 a.m.	Age 5	300 feet
10:00 a.m.	Age 6	450 feet
10:05 a.m.	Age 7	550 feet
10:10 a.m.	Age 8	650 feet
10:15 a.m.	Ages 9–11	750 feet



Please note that dashes for age groups within Stage 1 will start on a rolling schedule; refer to the estimated start times listed here.

Participants should report to their **STAGING AREA** (starts separated by age group) 15 minutes before the start of their run.

NY RR NEW YORK ROAD RUNNERS