



tcs
NEW YORK CITY
MARATHON

Training Series 18M

SUNDAY, SEPTEMBER 21, 2025 • 7:00 A.M.
18.0 MILES • #TCSNYC Marathon Training

KEY

- [Start](#)
- [Finish](#)
- Mile Markers
- Kilometer Markers
- Course Route
- Gatorade® Endurance Formula
- HSS Recovery Zone
- Maurten Gel Depot
- Water Stations
- Toilets
- Medical Aid
- Bicycle Parking
- NYRR RUNCenter Featuring the NB Run Hub

RACE-DAY CENTRAL

- Registration
- Baggage
- Toilets
- Volunteer Check-In

ELEVATION CHART (NOT TO SCALE)

