



SETUP

- Use hoops or other markers to create a tic-tac-toe board at one end of the playing area.
- Designate a starting area and place participants in teams of up to three for a relay race – (increase team size to provide additional rest).
- Provide each team with three playing pieces of the same color (cones, beanbags, etc.).

INSTRUCTIONS & CUES

Instructions

- Teams race to the board, place a piece in a hoop, return to tag a teammate, and so on until one team achieves tic-tac-toe (three pieces in a row).
- Once all three pieces have been used, participants return empty-handed to move the pieces around the board.
- Have the winning team reset the board for the next game.



Progressions/Modifications

- Start teams on opposite sides to develop greater spatial awareness.
- Have participants complete other locomotor movements to get to/from the board (e.g., hop, skip, gallop, crab walk).
- Use a variety of starting positions (twisties, etc.).
- Expand the board to play connect four.